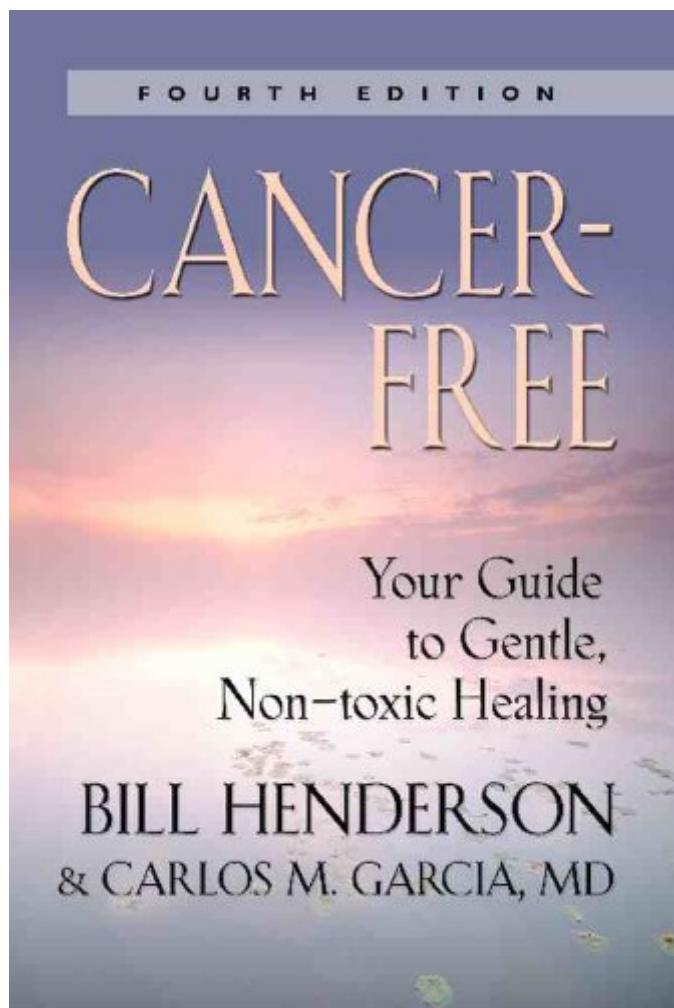


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# Cancer-Free: Your Guide To Gentle, Non-toxic Healing (Fourth Edition)



## **Synopsis**

"If you love your stricken one, this is your Bible." said Denzel Koh of Brisbane, Australia after he healed his daughter's cancer using the information in a previous edition of this book. A cancer diagnosis always causes fear. All of us have seen relatives and friends destroyed by conventional cancer treatment. Now, thanks to books like this one and the Internet, you can quickly learn what you need to know. You can heal the cancer using natural, non-toxic substances that work. What you need is a guide to cut through the overwhelming jungle of information. This book provides that guide. The information in it has been refined over eight years using feedback from real cancer survivors about what worked for them. The author has counseled hundreds of cancer patients by phone and e-mail in 58 countries. At least 1,500 of them have recovered using his information. He is not a medical professional. He is a "reporter" furnishing you with information that consists of "what he would do if he were you or your loved one." His coaching is available to you after you have read this book, if you need it. Bill Henderson has published 105 free newsletters on natural cancer treatment to 8,000 subscribers all over the world, starting in 1999. The information in these newsletters has now been incorporated into this, his third book. The book is up-to-date, specific and accurate. Bill informs you of over 140 web sites and dozens of other books and newsletters you can use to expand your knowledge of natural cancer treatment. The self-treatments he recommends are harmless enough that you can start them immediately, without more research, if you like. They do not interfere with conventional cancer therapy, if that is your choice. In fact, they offset most of the side effects of that treatment. "Cancer is not a disease," says Bill. "It is a reaction to what your body has experienced. Reverse that cause and the cancer goes away. Continue what you did to reverse it and it stays away." Bill explains that there are four common characteristics of all cancers. These have been known since the 1920's: 1. Low oxygen uptake by the cells. 2. A weak immune system. 3. Toxins -- usually caused by diet. 4. Acidity -- again, usually caused by diet. Bill Henderson's recommended regimen tracks with the knowledge for which Otto Warburg, a famous German doctor and researcher, won a Nobel Prize in 1931. He described the cancer cell and stressed the need to reverse the above four characteristics of the cancer in order to heal it. Bill's mission to help cancer patients heal started with his experience with his former wife, Marjorie. Her ovarian cancer was treated with conventional cancer treatment from 1990 to 1994, when she died. Bill is convinced that the treatment killed her. He wants to help as many people as possible avoid her fate.

## **Book Information**

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## Customer Reviews

How can you not rate a book with "5 Stars" when the information in it saved your life? I am greatly summarizing this story to keep this simple, but you can find my full story on my blog, [...]. In 2008, at age 26 I was diagnosed with a rare and indolent form of Hodgkin's Lymphoma, stage II. After biopsy, PET scan, bone marrow biopsy confirmation, and pathology confirmed by 3 different labs, I was referred to an oncologist who told me that the best form of treatment for my illness was R-CHOP chemotherapy followed by radiation. In our hearts, my husband and I knew that the risk of fertility coming with that was not something we could risk so we began to look for other options. Through several "chance" discoveries, my husband came across Bill's book and ordered it. While he was busy reading other books on alternative and natural cancer approaches, I dove into "Cancer-Free: Your Guide to Gentle, Non Toxic Healing." This by far was the best choice for me to read, being an overwhelmed, emotional, newly diagnosed cancer patient who wanted so desperately to protect my fertility. He writes in simple terms without leaving out the science that explains the "WHY's" of cancer and alternative cancer therapies. I LOVED how empowered I became as I read what was the cause of cancer and WHY my doctor didn't understand much about

alternative protocols. As I read, my doubts were reassured with KNOWLEDGE and CONFIDENCE that I could beat my cancer without chemotherapy. I also became RELIEVED as I read, convinced that Bill was an honest, well-intended person who was writing books to teach and help people and NOT to make money off of desperate cancer patients. Bill lays out what "he would do if he had cancer" to you in the book, and there are many additional treatments he recommends depending on the severity of your cancer type. I followed his protocol like NOTHING I HAD EVER DONE BEFORE! You have to be extremely strict and almost legalistic about it. Within weeks the remaining tumor in my neck (the first in my armpit was removed for biopsy) was shrinking to the touch. My new oncologist who was supportive of me "trying alternative therapies for no longer than 3 months" was amazed but said that my cancer could "wax and wane" in size so we would still need to monitor my progress carefully. 8 months after starting Bill's protocol, I was declared in clinical remission and there was no physical evidence of tumor bulk. 3 years later I am still cancer free. Oh, and I also delivered a healthy baby girl, something I would not have been able to do yet if I would have gone through chemo AND the #1 reason we wanted to avoid it in the first place. I want to add that it is not an easy road. You can NEVER go back to the way you ate before. I still eat mostly vegan, mostly raw, mostly organic, eat the Budwig mixture, and still take SOME of the supplements that Bill recommends- 3 years after I started. Although this treatment is overall much cheaper than conventional treatment, nothing is covered by insurance and it is a lifestyle that can be more expensive than the average American, but TOTALLY worth it! Also- Bill has been so supportive of me when I had short questions. For instance, when I reached my 2 year remission date I wanted to see what supplements I could safely stop taking. I emailed him and he let me know what he thought with what I felt was a realistic and well-informed answer. I honestly DO NOT think Bill's protocol is for everyone. I DO believe everyone could do it if they wanted to, but it is a test of the WILLS. You have to WANT it bad and (as Bill says) believe you can get well. It is a complete OVERHAUL of everything you thought you knew about cancer, cancer research, and the American healthcare system. Whatever treatment plan you choose for your cancer, please let it be out of informed decision of both alternative (reading Bill's book or others with a similar belief) and the conventional information you receive from your doctor. NEVER make your decision out of fear.

This is a well-written book, thought the formatting is not always very good. The Bill Henderson cancer protocol is very famous, and it is a simple, cost-effective, home-treatment plan that is extremely healing, not just for cancer, but for any chronic, debilitating illness. One of the features it incorporates is the Budwig diet, created by a famous scientist who won the Nobel Peace Prize. I

have read many books on alternative healing for cancer, and if you can buy only one book, I would recommend this one as the very best of the lot.

This is an outstanding book with affordable and simple to follow protocols set out to avoid cancer (per maintenance mode) or help defeat it (per therapy mode). Mr. Henderson definitely did his homework on this much needed material (also see his free newsletter at [Beating-Cancer-Gently.com](http://Beating-Cancer-Gently.com)). This book does not waste your time and quickly cuts to the chase. If you want more layman full details on the who, what, when, where, how (and even why) concerning a nutrition oriented approach to cancer see "Power Over Cancer" by Larry Pahl, which is also available from . Both books are must reading in my opinion for full cancer concern coverage.

Everyone should read this book since the frequency of cancer is so great. It is best to be prepared with one's alternatives rather than be faced with a decison under stressful conditions. I have adopted some of the recommendations in the book to bolster my immune system and as time goes on, I expect to adopt several more of the authors' suggestions. The book has large enough print to make for a comfortable read and gives very specific and helpful suggestions. The book is without a doubt, a real page turner! I urge everyone to read this book because it's loaded with valuable information that would take hours, if not days, to search for on the web!

Every family should own this book now, don't wait until you have cancer. This book IS Preventive medicine! I have owned every edition since it first came out so many years ago. My sister, my daughter and I were all on a waiting list at to buy the First edition when it came out years ago. We didn't buy for ourselves but to learn how to help people we loved deal with their cancers. This book has so many choices for someone who is looking for Natural ways to cure cancer. Those that choose Chemo and or Radiation can also use some of these practices to help them along their journey. If they decide to continue or quit right in the middle of their Chemo then this book will give them so many ways to continue and conquer their illness. For those of you that would like to stay Cancer-Free use this book as I do as preventive. I have helped so many people just by helping to educate them and show them so many more options to put good things in their bodies verses poisonous Chemicals and Radiation. In a note to this seller, I needed this book ASAP and paid extra for 1 day delivery. It came in one day as promised, which was one day before Thanksgiving, by FED EX and I want to thank you so much because I had a great gift to take to her and her family on that day. I had ordered a different book on Cancer from another seller and paid extra for one day

shipping. It did not come and refunded my shipping cost.

We bought this book because our very beloved daughter is fighting her second round of cancer. She has done very well for ten years without chemo. She does not intend to subject her body to the debilitating effects of chemo this time around either. This book lays out a very sensible and definitive protocol for dealing with cancer at any stage with many success stories to back it up. Considering how little has been accomplished in many years of research of the same failing methods, this book provides hope. We would recommend it to any one facing the cancer battle.

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